



FOR IMMEDIATE RELEASE
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HEALTH INSURANCE SEMINAR FOR ARTISTS AND CREATIVE BUSINESSES Scheduled March 22nd

On Wednesday, March 22nd, 2006, from 9:00 to 11:30 AM, the Greater Portsmouth Chamber of Commerce; Art-Speak, the City of Portsmouth Cultural Commission; and MicroCredit NH will be co-sponsoring the fourth program in the *Creative Business Strategies* series: *Health Insurance: A Roadmap through the Labyrinth*.

The session is targeted to artists and creative businesses and is intended to be a “basics and beyond” forum with expert guest speakers and an open question and answer session. Artists and those transitioning into the arts are welcome to attend. If you have questions you would like to see addressed, please send them to info@art-speak.org

Making decisions about health insurance—what kind, how much, which program, and how to get through the insurance comparison-shopping process—can be difficult. Insurance is not a one-size fits all proposition. Being self-employed or owning a small creative business can bring special challenges. In this seminar, speakers will define and discuss types of traditional health insurance packages, as well as Individual Development Accounts, and other medical service options for self-employed and small creative business owners. There will also be information on recent changes in health insurance.

Guests will include Alex Feldvebel, Deputy Commissioner of the New Hampshire Department of Insurance; Sarah Littlefield, Assistant Director of Micro-Credit and former finance manager for John Snow, Inc., a public health firm; Gloria Tomsa, Dirigo Director of Operations, Maine; Jim Houghton, Affordable Health Solutions of Portsmouth, and a representative from Seacare Health Services.

Program Details:

Who: Guest speakers detailing health insurance

What: Professional development seminar for artists and creative businesses

When: March 22, 2006 from 9 – 11:30 AM

Where: Solarium, City Hall, One Junkins Ave., Portsmouth, NH 03801

Other: Free Admission. Pre-registration required; *attendance limited*.

Sponsors: Art-Speak, City of Portsmouth Cultural Commission
Greater Portsmouth Chamber of Commerce
MicroCredit NH